

The Next Step

Welcome to the 2017 "Next Step" women's retreat workshop. This year we will gain perspectives on the 11th Step- Prayer & Meditation. What helps us thrive in our sober lifestyle and tap into a Power greater than ourselves to guide us? What are some of the roadblocks that keep us from growth? What solution oriented actions and techniques can be applied?

Over the years many women that have attended The Next Step workshop/retreat have found new friendships, a recommitment to their recovery, and have embraced the empowerment of experience, strength and hope of women in recovery. And of course, all the fun and laughter you can handle. We look forward to seeing you.

If you have any special needs or questions please contact:
Leah L. 469-951-1260 or Britt F. 469-288-8683

No refunds 2 weeks prior to event or no shows (\$\$ donated to scholarship fund)

WHAT TO BRING

- *AN OPEN MIND * SNACK TO SHARE
- *BED LINENS-TWIN/BED ROLL (EXTRA PADDING IF NEEDED)
- *JACKET * FLASHLIGHT *PILLOW/PJ's *CAMPFIRE CHAIR
- *TOILETRIES/TOWEL *EAR PLUGS OR IPOD (IF LIGHT SLEEPER)
- *COMFY CLOTHES/SHOES *FOLDING CHAIR PILLOW (IF NEED BE)
- ***NOTEBOOK/PEN

(New attendees receive a decorated notebook/folder and pen)

YOUR OWN SPECIALTY DRINKS IF NEEDED (SMALL COOLER)
WATER/COFFEE PROVIDED

*** \$\$ for PRIZE RAFFLES (optional)***
SCHOLARSHIP FUND \$1 for 1 ticket, \$5 for 6 TICKETS, \$20 for 2 arm's length
(Any homemade, re-gifts, art, jewelry items for donation are accepted)

DIRECTIONS only: www.collincountyadventurecamp.org

Or

I-75 N to HWY 121 NORTH towards Melissa) Approx. 10 miles (look for AA symbol signs)

TURN LEFT at **WESTMINSTER** green arrow sign (2862 County Rd.)

TURN LEFT when road comes to a "T" Stay on winding road thru town (Westminster)

Camp will be on right 1/2mile out of town